

My Community Map for seniors

Priestwood

Walk for Wellbeing: Priestwood

Get Active



Wednesdays, 12.30pm

This walk is just over three miles and takes in the stunning grassland meadows and views of Cabbage Hill and the community orchard and pastures of Larks Hill.

Meet at **Jocks Lane Pavilion, Binfield Road, RG12 2BH**

Call Mark Lyford **07920 182154** or email: mark.lyford@sustrans.org.uk



Free

Bus route: 150, 157

Watercolours art group U3A

Get Creative



Every other Wednesday, 2pm

A friendly gathering of beginners and novices in the art of watercolour. No tutors and no testing of your ability - members practise their own techniques and develop their own style.

Bracknell Methodist Church, Shepherds Lane, Bracknell, RG42 2DD

Email Greg Boys: artwater19@bracknellu3a.org.uk



£11 - annual membership to U3A

Bus route: 299

Dementia social get-togethers

Get Connected



Mondays, 11am to 12.30pm

This event is an opportunity for people with dementia and their family members to build relationships in a friendly and welcoming environment.

The Admiral Cunningham, Priestwood Court Road, Bracknell, RG42 1TU

Call **01344 823220** or email: dementia.adviser@bracknell-forest.gov.uk



Buy your own refreshments.

Bus route: 150

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Signal 4 Carers

Get Help



Monday to Friday, 9am to 5pm

We provide free information, guidance, networking and advice to unpaid (non-professional) carers who care for a Bracknell Forest resident.

20-21 Market Street, Bracknell, RG12 1JD

Call **01344 266088** or email: info@signal4carers.org.uk



Free

Bus routes: 150, 151

Berkshire family history society

Get Learning



Every third Friday of the month, 2.15pm to 4.30pm*

Family history is the story of your life! Regular get-togethers for researchers of all ages and all experiences. *Excluding July, August and December.

Priestwood Community Centre, 19 Priestwood Court Road, RG42 1TU

Call Sandra Barkwith **0118 9344803** or email: bracknell@berksfhs.org.uk



£5 or non-members

Bus route: 150

Social prescribing service

Monday to Friday, 9am to 5pm

Social prescribing can support you to connect to your community. This non-medical service is designed to put people in touch with services, groups and activities in the local community to help improve wellbeing.

Time Square, Market Street, Bracknell, RG12 1JD

Call **01344 352000** or email: social.prescription@bracknell-forest.gov.uk

Free



Can't find what you are looking for? Request a call back from one of our friendly social prescribers on **01344 325000**. Alternatively view the **Community Map**, visit: bfcommunitymap.commonplace.is or scan the QR code.