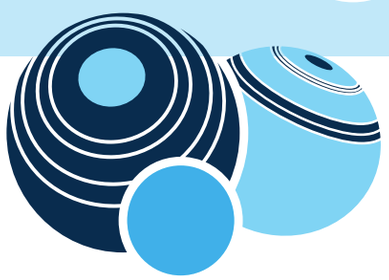
# My Community Map for seniors

## Winkfield

### Charters short mat bowls | Get Active

**Tuesdays, 7pm to 9.30pm**



A small, friendly short mat bowls club. Beginners and experienced bowlers welcome.

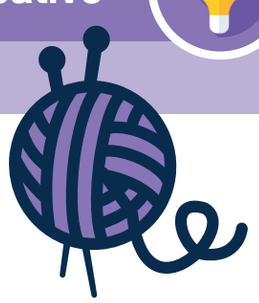
**Carnation Hall, Chavey Down Road, Winkfield Row, Bracknell, RG42 7PA**

Call Penny **07789 444107** or Jackie **0738 7569424**

**Annual membership £30 plus £4 per evening / Non-members £4.50**

### Handicraft club U3A | Get Creative

**Second and fourth Monday of the month, 2pm**



Join us for a chat while enjoying crafts, including knitting and crochet. Everyone welcome.

**Oaktree Nursery and Garden Centre, Brockhill, Bracknell Road, RG42 6LH**

Email Ann Barnes: **handicraft@bracknellu3a.org.uk**

**£11 - annual membership to U3A**

### C3 coffee morning | Get Connected

**Thursdays, 10am to 12 noon**



A place to come with friends or meet new friends, have a drink and homemade cake.

**Brownlow Hall, Newell Green, Warfield, RG42 6AB**

Call **01344 886900** or email Warfield Church Office: **admin@warfield.org.uk**

**Donations**

Browse Bracknell Forest Council's public health portal for guidance, advice and support for health and wellness. Visit: **health.bracknell-forest.gov.uk/activities-events/**

Bracknell Forest Public Health

Bracknell Forest Council

# My Community Map for seniors

## Winkfield

### Alzheimers Dementia Support | Get Help



**Activities in Ascot, Windsor, Maidenhead, Slough and Langley**



Alzheimers Dementia Support offers practical guidance and services designed to help people in the local community whose lives are affected by dementia.

**38 Queen Street, Maidenhead, Berkshire, SL6 1HZ**

Call Terrie Hall **07516 165647** or visit: **www.adscharity.com/services**

**Free**

### Ascot Horticultural Society (AHS) | Get Learning



**Every second Wednesday of the month, 7.45pm for 8pm start**



We are for everyone who enjoys gardening, nature and the environment - no matter the size of your garden or growing space. New members always welcome.

**King Edward's Hall, King Edward's Road, North Ascot, SL5 8PD**

Visit: **www.ascothorticulturalsociety.co.uk/contact-us**

**Members – £1, visitors – £3**

### Social prescribing service

Patients who wish to access social prescribing support should contact their GP surgery directly, or they can self-refer using the social prescribing email address for their surgery listed below:

**Bracknell PCN** covering surgeries: Waterfield, Binfield, Easthampstead and Great Hollands.
Email: **bpcsocialprescriber.bandd@nhs.net**

**The Health Triangle PCN** covering surgeries: Ringmead, Crown Wood, Evergreen
Email: **frimleyicb.healthtriangle.socialprescriber@nhs.net**

**Forest Health Group** covering surgeries: Mount Lane, Bagshot Road, County Lane
Email: **frimleyicb.spteam.braccanhealthpcn@nhs.net**

**Can't find what you are looking for?** View the **Community Map** at: **bfcommunitymap.commonplace.is** or scan the QR code. Alternatively, email: **public.health@bracknell-forest.gov.uk**

All information is correct at time of printing.