My Community Map for seniors

Great Hollands

Senior social line dancing | Get Active

Thursdays, 10am to 12 noon



Get your dancing shoes on! Line dancing is a fun, social way to keep active and meet new people. Refreshments available.

Great Hollands Community Centre, The Square, RG12 8UX

Call Pam Jackman **01344 429767**

£3.50 per session **Bus routes:** 4, 171, 172, 194

Art group | Get Creative

Mondays, 1pm to 3pm



Paint, draw or try your hand at adult colouring. This is a welcoming group where all abilities are welcome. All materials and refreshments are supplied.

Great Hollands Community Centre, The Square, RG12 8UX

Call Eileen **07961 178 917**

£4 per session (first session free). **Bus routes:** 4, 171, 172, 194

Cake and company | Get Connected

Fridays, 2pm to 4pm



Come and join in with quizzes, charades, bingo, word games and old fashioned fun.

Great Hollands Community Centre, The Square, RG12 8UX

Call **01344 776431**

Free **Bus routes:** 4, 171, 172, 195

Browse Bracknell Forest Council's public health portal for guidance, advice and support for health and wellness.
Visit: **health.bracknell-forest.gov.uk/activities-events/**

Bracknell Forest Public Health

Bracknell Forest Council

My Community Map for seniors

Great Hollands

Andy's Man Club | Get Help

Mondays, 7pm to 9pm (except bank holidays)

You will be greeted with a warm smile and a cup of tea.
There is no pressure to talk, you can just listen.

Great Hollands Community Centre, The Square, RG12 8UX

Email: **info@andysmanclub.co.uk**



Free

Bus routes: 108, 171

Bracknell Chess Club | Get Learning

Thursdays, 7.30pm to 11pm

The club welcomes new members. There is plenty of space to enjoy a casual or competitive game of chess. Hot drinks and biscuits are available.

Hanworth Community Centre, Hanworth Road, RG12 7YY

Call Jon Lloyd **01344 454000** or email: **jonll5@btinternet.com**



For membership details email: infobracknellchessclub@btinternet.com

Bus routes: 172

Social prescribing service

Patients who wish to access social prescribing support should contact their GP surgery directly, or they can self-refer using the social prescribing email address for their surgery listed below:

Bracknell PCN covering surgeries: Waterfield, Binfield, Easthampstead and Great Hollands.
Email: **bpcsocialprescriber.bandd@nhs.net**

The Health Triangle PCN covering surgeries: Ringmead, Crown Wood, Evergreen
Email: **frimleyicb.healthtriangle.socialprescriber@nhs.net**

Forest Health Group covering surgeries: Mount Lane, Bagshot Road, County Lane
Email: **frimleyicb.spteam.braccanhealthpcn@nhs.net**

Can't find what you are looking for? View the **Community Map** at: **bfcommunitymap.commonplace.is** or scan the QR code. Alternatively, email: **public.health@bracknell-forest.gov.uk**

All information is correct at time of printing.