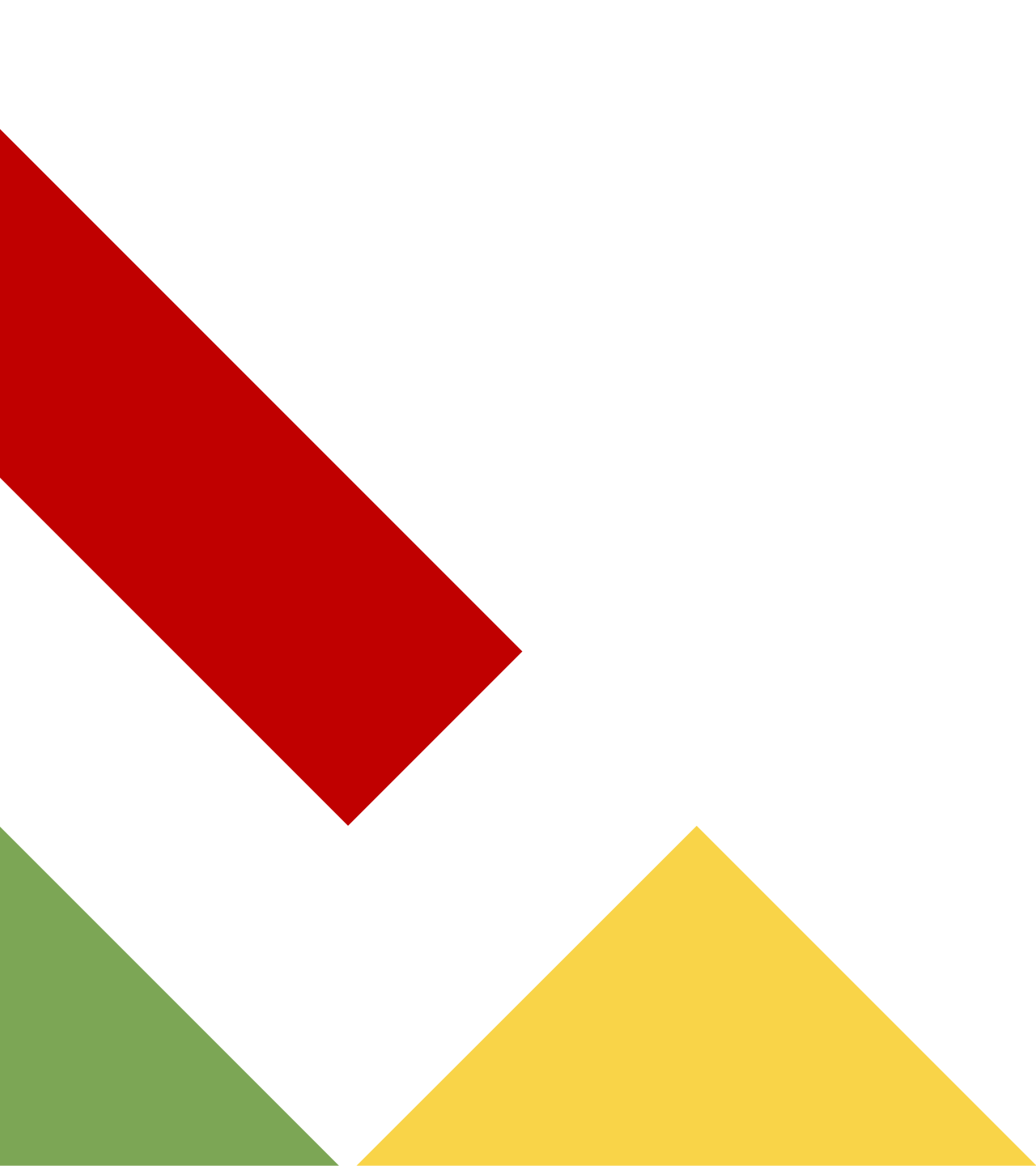




Community-based HIV Prevention & Care Services

Objectives



Gain awareness of HIV Care Model in Maine



Know what immediate steps to take to help connect someone to services

HIV/AIDS in Maine

- Approx. 2,000 people in Maine living with HIV
- Typically see 30-45 new cases per year, however current outbreak in Bangor reveals sharp increase.

HIV 101

Only certain body fluids can transmit HIV:

- Blood
- semen (cum)
- pre-seminal fluid (pre-cum)
- rectal fluids
- vaginal fluids
- breastmilk

Without treatment, HIV can gradually destroy the immune system and may cause a decline in health or progress to AIDS.

With treatment, people can live long and healthy lives with HIV, and prevent transmission.

Prevention

In addition to condoms, Pre- and post-exposure prophylaxis are medications that prevent HIV transmission.

First approved in daily pill form, PrEP is now available as a long-acting injectable at 2- or 6-month frequencies.

Treatment for HIV prevents HIV transmission – this is referred to as *Treatment as Prevention* or TasP, and U=U or Undetectable=Untransmittable

Offering Comprehensive Wrap-around Care

FPC programs mirror the **National HIV/AIDS Strategy**, which aims to reduce new HIV infections, reduce HIV-related health disparities, and increase access to care to optimize health outcomes.



**HIV Case
Management**



**Housing
Assistance**



**Peer
Support**



**Free HIV and Hep
C Testing**



Individuals who received a new HIV diagnosis in 2021.

Individuals diagnosed with stage 3 HIV (AIDS) within 3 months of an initial HIV diagnosis in 2021.

Individuals who visited an HIV health care provider within 1 month of being diagnosed with HIV in 2021.

Individuals living with diagnosed HIV who received medical care for HIV in 2021.

Individuals living with diagnosed HIV who had a low or undetectable viral load (the amount of HIV in the blood) in 2021.

In 2021, 21% of individuals received a late HIV diagnosis nationally.

In 2021, 82% of individuals were linked to care within 1 month of their HIV diagnosis nationally.

In 2021, 75% of individuals living with diagnosed HIV received HIV care nationally.

In 2021, 66% of individuals living with diagnosed HIV were virally suppressed nationally.



THE HIV CARE CONTINUUM

A series of indicators used to measure the steps a person living with HIV takes from diagnosis through successful treatment with HIV medication.

NATIONAL HIV CARE CONTINUUM, 2021

HIV Testing

quick & easy, at home or with a provider

- Free Rapid HIV anti-body tests – 20-min results
 - Available with a certified tester or as a self-test kit
 - Multiple providers offer walk-in testing in the greater Portland area
 - Order free test kits at [peabodycenter.org](https://www.peabodycenter.org) or pick up at a local partner



Low-barrier Access to Care and Insurance Coverage

- Free HIV, Hepatitis C Testing
- PrEP/PEP navigation
- Insurance Coverage for People Living with HIV
- HIV Care Management/Navigation Programs
- HIV Housing Assistance
- Financial Assistance for HIV medications, food, dental, housing, insurance premiums

U=U

Undetectable=Untransmittable

Undetectable = Untransmittable (U=U)

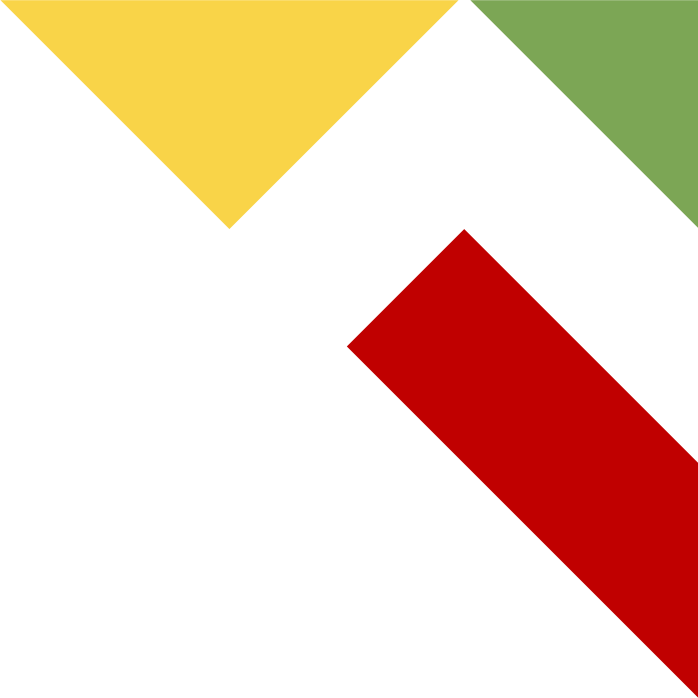
A person living with HIV who is on treatment and maintains an undetectable viral load has zero risk of transmitting HIV to their sexual partners.



Sustained antiretroviral treatment (ART) reduces the amount of HIV in the body to undetectable levels in viral load tests.

This science, or *treatment as prevention* (TasP), is one of the most effective biomedical tools for preventing HIV transmission.

HIV Care Management

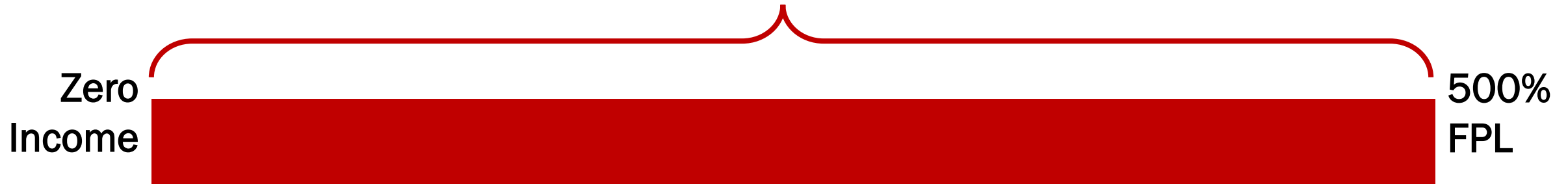


HIV diagnosis is an eligibility category for several MaineCare programs that have a care management component including:

- Section 13 Targeted Case Management
- Health Homes (Opioid and Behavioral)
- Community Care Team (CCT)
- Community Behavioral Health Clinics (CCBHC)

Federal **Ryan White Part B** Program – AIDS Drug Assistance Program (“ADAP”)

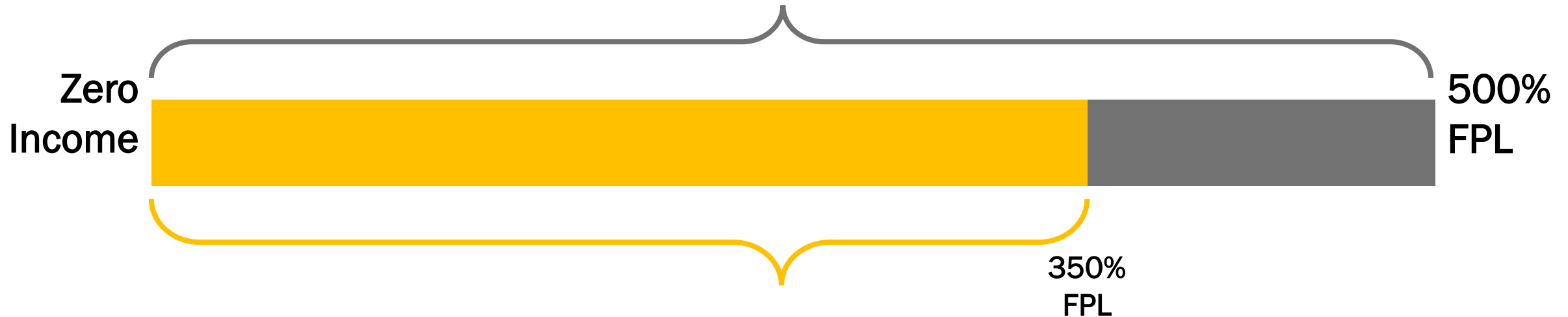
ADAP Eligibility – All People Living with HIV up to 500% FPL – recertify annually



- ✓ ADAP will cover the full cost of HIV medications while insurance enrollment is pending.
- ✓ Covers private health insurance & Medicare Part D premiums

Federal **Ryan White Part B** Program – AIDS Drug Assistance Program (“ADAP”)

ADAP Eligibility – All People Living with HIV up to 500% FPL – recertify annually

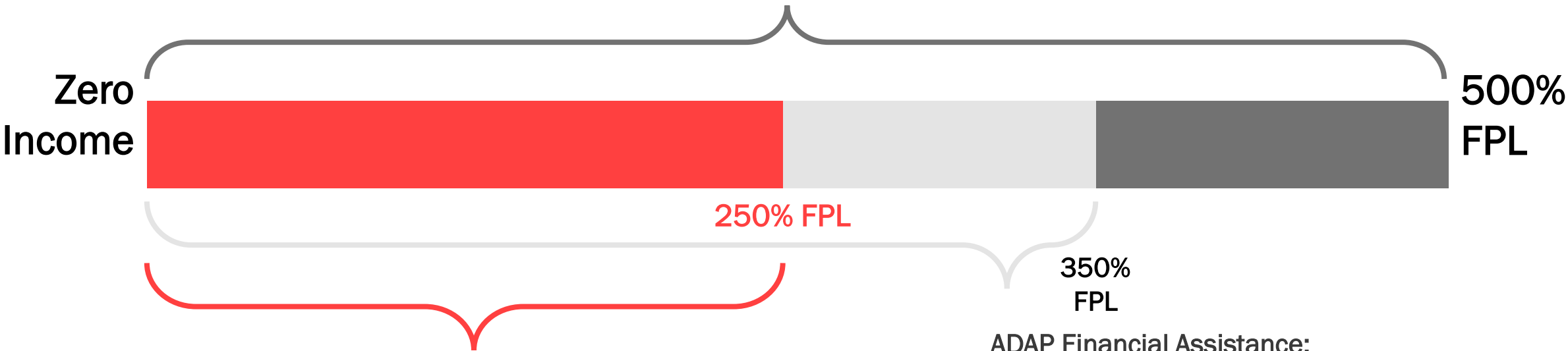


ADAP Financial Assistance:

- ✓ Monthly \$50 Food Card
- ✓ Up to \$750 Annual Housing
- ✓ Dental assistance (up to \$2,750)
- ✓ Dental insurance Premiums

MaineCare Eligibility for PLWHA

ADAP Eligibility – All People Living with HIV up to 500% FPL – recertify annually



MaineCare - Special Benefit for PLWHA

- ✓ Limited but comprehensive benefit package
- ✓ Premiums can be covered by ADAP →

ADAP Financial Assistance:

- ✓ Monthly \$50 Food Card
- ✓ Up to \$750 Annual Housing
- ✓ Dental assistance
- ✓ Insurance Premiums

How can you help?

Quick steps you can take to support someone who is newly diagnosed or new to the state.

Enrolling in ADAP is the quickest way to access HIV medications while insurance is pending

- **Processing an ADAP application is quick** (and even quicker if they have accessed ADAP already in a different state) – verification of diagnosis, income and residency (can be a letter from you if individual is unhoused or pending address)
- **Once enrolled and under 350% FPL**, individual will also be immediately **eligible for financial assistance** for food, housing and dental care.



<https://www.maine.gov/dhhs/mecdc/diseases-conditions/sexually-transmitted-diseases/hiv-aids/ryan-white>

HIV Care Management

While HIV may not be an individual's primary focus, it's important that care navigators monitor HIV medication access.

What we monitor at request for services:

- Newly diagnosed? (When/where?)
- Connected to medical care? (who? HIV or PCP?)
- On medications? (how many days supply?)
- Safely Housed?
- Health Insurance? ADAP?
- Income?

HOPWA – Housing Opportunities for Persons with HIV/AIDS

HUD's only HIV-dedicated housing assistance program

Individuals who are under 80% of Area Median Income living with HIV

- Short term rent/mortgage & utility assistance
- Subsidy similar to section 8
- Help with security deposits

HOPWA subsidy currently houses over 75 families in Maine with over 110 people on the waitlist.

Short term assistance must be coupled with a housing sustainability plan.

Connecting with FPC

FRANNIE
PEABODY
CENTER
comprehensive HIV & AIDS services

[Home](#)[About Us](#)[Services](#)[Donate](#)[Order Free HIV Self Test Kit](#)[PEP ACCESS](#)[English](#)

SERVICES

As a single point of entry for people affected by HIV/AIDS, Frannie Peabody Center offers client-centered services that address the unique challenges of each individual. FPC programs mirror the National HIV/AIDS Strategy, which aims to reduce new HIV infections, reduce HIV-related health disparities, and increase access to care to optimize health outcomes.

[Read About FPC](#)[2025 Impact Report](#)[Learn about Federal Funding](#)

HIV Case Management

Providing linkage to insurance, medical care, supportive services and community resources to support sustained health stability.

[Learn More](#)

Housing Assistance

Federally-funded housing assistance for eligible individuals living with HIV/AIDS in Maine.

[Learn More](#)

Peer Support

Support group for people living with HIV led by Licensed Social Workers

[Learn More](#)

Prevention Services

Free, confidential testing for HIV and Hepatitis C, as well as help with PrEP & PEP navigation, outreach and education.

[Learn More](#)



Questions?

info@peabodycenter.org