My Community Map for seniors

Binfield

Community walk for wellbeing | Get Active



Tuesdays, 2.30pm



A moderate difficulty walk of 2.9 miles (about an hour) on footpaths and roadside pavements. Some road crossings with a few uphill sections. Not suitable for mobility scooters or strollers.

Meet outside **The Foxes' Den Café, Benetfield Road, RG42 4EW**

Free **Bus routes: 150**

Adult crafternooners | Get Creative



Thursdays, 1pm to 3pm



Adult craft drop-in session. Bring your own crafts.

The Foxes' Den Café, Benetfield Road, RG42 4EW

Call Claire **01344 305500** or email: **hello@foxesden.co.uk**

Free **Bus routes: 150**

Binfield Library quiz club | Get Connected



Second and fourth Thursday of each month. 11am to 12 noon



The quiz club is relaxed, sociable and a lot of fun. Everyone is welcome.

Binfield Library, Benetfeld Road, RG42 4JZ

Call **01344 306663**

£1 **Bus routes: 150**

Browse Bracknell Forest Council's public health portal for guidance, advice and support for health and wellness.
Visit: **health.bracknell-forest.gov.uk/activities-events/**

Bracknell Forest Public Health

Bracknell Forest Council

My Community Map for seniors

Binfield

Bereavement coffee group | Get Help

Fridays, 10.30am. No need to book.

Come along and have a coffee with others who have suffered bereavement.

The Foxes' Den Café, Benetfeld Road, RG42 4EW

Call The Foxes' Den Café **01344 305500**



Free

Bus routes: 150, 151, 151A

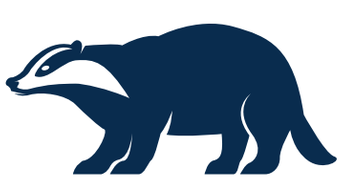
Binfield Badger Group | Get Learning

Two meetings a year. Contact the group for details.

A friendly, local group working to improve the welfare and protection of badgers.

Farley Wood Centre, Turnpike Road, RG42 1FW

Email: **badgers@berksbadgers.org.uk**



£6 per year

Social prescribing service

Patients who wish to access social prescribing support should contact their GP surgery directly, or they can self-refer using the social prescribing email address for their surgery listed below:

Bracknell PCN covering surgeries: Waterfield, Binfield, Easthampstead and Great Hollands.
Email: **bpcsocialprescriber.bandd@nhs.net**

The Health Triangle PCN covering surgeries: Ringmead, Crown Wood, Evergreen
Email: **frimleyicb.healthtriangle.socialprescriber@nhs.net**

Forest Health Group covering surgeries: Mount Lane, Bagshot Road, County Lane
Email: **frimleyicb.spteam.braccanhealthpcn@nhs.net**

Can't find what you are looking for? View the **Community Map** at: **bfcommunitymap.commonplace.is** or scan the QR code. Alternatively, email: **public.health@bracknell-forest.gov.uk**

All information is correct at time of printing.