

The Ladywell Arts & Wellbeing Hub

A Cultural & Wellness Sanctuary for Lewisham

Our Vision



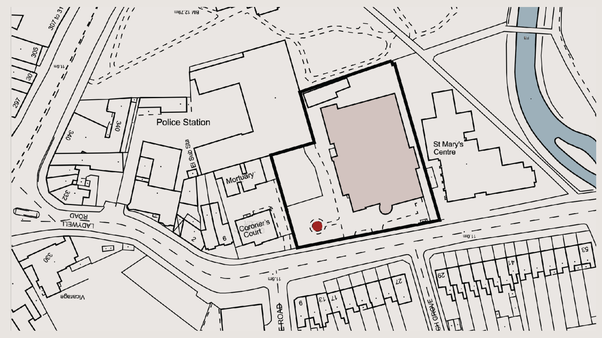
Illustration of the ancient Lady Well in Lewisham

*L*ed by the pioneering non-profit charity Liquid Listening, the project transforms this 142-year-old landmark into a nationally significant hub for Therapeutic Water Arts, wellbeing, and inclusive community programming, while also providing cultural, research, and training opportunities.

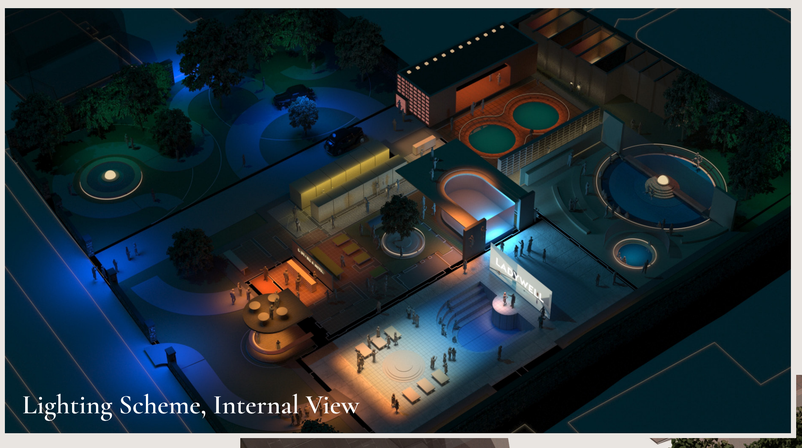
The Ladywell Arts and Wellbeing Hub offers public spaces for recreation, food, performance, and community-led events alongside specialist hydrotherapy and sound-based therapies for the general public as well as for the special education needs (SEN) communities. The centre wil offer educational workshops, professional training facilities.

The Ladywell Arts & Wellbeing Hub creates a **"Social Enterprise Hybrid"** by pairing high-quality wellbeing facilities with inclusive, community focused cultural and learning spaces ensuring financial sustainability and securing the building's long-term future.

This proposal is both the repair of a historic shell; and revival of a civic mission, honouring the water heritage while embedding public wellbeing, creativity, and learning at the heart of Ladywell.



The original well stones, rediscovered and celebrated in the garden of the Playtower



Lighting Scheme, Internal View



Proposed Diving pool & Central courtyard



Daytime View - Masterplan



Exterior View, Playtower and Gardens



Lighting Scheme, external View

About Us



*T*he Ladywell Arts and Wellbeing Hub has been created by the charity Liquid Listening. Founded in 2010,

Liquid Listening enhances the health and well-being of disabled children, young people and adults through Musical Hydrotherapy, a unique approach that combines the physical benefits of hydrotherapy with music and underwater sound.

Within the warm, supportive environment of a hydrotherapy pool, users experience gentle movement while music and sound are transmitted through the water. The combination creates an immersive, whole-body musical experience that can encourage relaxation, emotional regulation, positive wellbeing and engagement.

To date, our main delivery model has been to work with specialist schools and other partners across the UK who have a hydrotherapy pool to train and equip them to deliver Musical Hydrotherapy themselves, providing organisational sustainability and a wide reach.

The Ladywell Playtower presents an opportunity to create a pioneering destination where bathing, spa culture and sound innovation converge. A vibrant, inclusive and open multi-use space, it will bring together wellbeing, culture and community in an experience unlike anything else.

At the point at which Liquid Listening is selected to take on the project, we will set up a dedicated charitable organisation, **Ladywell Arts and Wellbeing Hub**

LIQUID LISTENING Alan Baxter PURCELL SSAASSAA

