

My Community Map for seniors

Great Hollands

Senior social line dancing

Get Active



Thursdays, 10am to 12 noon

Get your dancing shoes on! Line dancing is a fun, social way to keep active and meet new people. Refreshments available.

Great Hollands Community Centre, The Square, RG12 8UX

Call Pam Jackman **01344 429767**



£3.50 per session

Bus routes: 4, 171, 172, 194

Art group

Get Creative



Mondays, 1pm to 3pm

Paint, draw or try your hand at adult colouring. This is a welcoming group where all abilities are welcome. All materials and refreshments are supplied.

Great Hollands Community Centre, The Square, RG12 8UX

Call Eileen **07961 178 917**



£4 per session (first session free).

Bus routes: 4, 171, 172, 194

Cake and company

Get Connected



Fridays, 2pm to 4pm

Come and join in with quizzes, charades, bingo, word games and old fashioned fun.

Great Hollands Community Centre, The Square, RG12 8UX

Call **01344 776431**



Free

Bus routes: 4, 171, 172, 195

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Andy's Man Club

Get Help



Mondays, 7pm to 9pm (except bank holidays)

You will be greeted with a warm smile and a cup of tea. There is no pressure to talk, you can just listen.

The Rowans Family Hub, Pond Moor Road, RG12 7JZ

Email: info@andysmanclub.co.uk



Free

Bus routes: 108, 171

Bracknell Chess Club

Get Learning

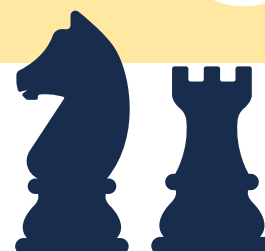


Thursdays, 7.30pm to 8.30pm

The club welcomes new members. There is plenty of space to enjoy a casual or competitive game of chess. Hot drinks and biscuits are available.

Hanworth Community Centre, Hanworth Road, RG12 7YY

Call Jon Lloyd **01344 454000** or email: jonll5@btinternet.com



Free

Bus routes: 172

Social prescribing service

Monday to Friday, 9am to 5pm

Social prescribing can support you to connect to your community. This non-medical service is designed to put people in touch with services, groups and activities in the local community to help improve wellbeing.

Time Square, Market Street, Bracknell, RG12 1JD

Call **01344 352000** or email: social.prescription@bracknell-forest.gov.uk

Free



Can't find what you are looking for? Request a call back from one of our friendly social prescribers on **01344 325000**. Alternatively view the **Community Map**, visit: bfcommunitymap.commonplace.is or scan the QR code.