

Portland Public
Health Presents:

The Birds, The Bees, & The CDC

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Portland Public Health



Located:
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Clinical Services at PPH



STD Clinic



Portland Community Free Clinic



Immunization Clinic



Syringe Service Program

STD Clinic Services



Comprehensive Testing

Chlamydia, Gonorrhea, Syphilis, HIV, and Hepatitis C Testing.



Rapid Testing

Rapid HIV, HCV, & Syphilis testing available for results in 15 minutes.



HIV Prevention (PrEP)

Prescribes PrEP for HIV prevention. Currently serving over 220 active patients.



Exposure Care (PEP)

Prescribes PEP for individuals possibly exposed to HIV (within 72 hours).



Doxy PEP

Prescribes Doxy PEP for proactive STI prevention



Outreach Services

Providing services to shelters and community partners.

Outreach Initiatives



Homeless Services Center



Portland Public Library



Pride Events



Rally 4 Recovery



Elena's Way



Florence House



**Harm Reduction
Van Testing**



**Treatment Residential
Program**

STD Clinic Eligibility

Everyone is eligible

Cost & Coverage

Full screening: \$75

- Insurance covers testing costs
- Uninsured prioritized for grant funding
- Assistance programs for meds (PrEP)

Our Commitment



Financial Accessibility

Nobody is turned away for financial reasons.



Privacy

All information is kept strictly confidential.



Language Access

Accessible interpretation is offered for all languages in our clinic

PrEP & PEP Services



Daily Pill

One pill, once a day (Truvada / Descovy)



Apretude Injection

2 months of coverage with one injection



Yeztugo Injection

6 months of coverage with one injection

*All forms of PrEP medication offer patient assistance programs

PrEP & PEP Services Cont.

PEP Medication



Potential Exposure

If within 72 hours of potential exposure:

One pill, once a day, for 28 days (Biktarvy)



Follow-up Testing

Re-test at 30 days to ensure no transmission of HIV infection & again at 12 weeks. Discuss transition from PEP to PrEP after completion of Biktarvy.

*Medication has patient assistance program and emergency start options at local pharmacies for same-day start

STD Clinic Testing Services



Chlamydia & Gonorrhea

All-sites testing offered: Urogenital, Oral, and Anal sites.



HIV & Syphilis

Comprehensive blood tests conducted for accurate screening.

Results & Communication

- **Timeline:** All results are typically available within 7-10 days.
- **Follow-up:** Every patient receives a phone call regardless of their test result.

Partner Tested Positive? What's Next

Step 1: Contact Us

Call us immediately! We will get you in as soon as possible to see our healthcare providers.

Step 2: Assessment

If you are experiencing symptoms, we will get you tested and our provider will determine if you are a candidate for empirical treatment.

What is Empirical Treatment?

Depending on your consultation, we may treat you **empirically**.

This means providing treatment **without waiting for your positive test result**.

Goal: To ensure you don't develop symptoms and to prevent further transmission to other sexual partners.

I'm experiencing symptoms, what's next?

Call us!

We will get you in as soon as we can to see our team and provider.

Testing / Empirically Treating

After you meet with our team and complete testing, we may determine that you are a candidate for being empirically treated while we wait for your test results.

Uh oh! I tested positive, what's next?

Syphilis, Gonorrhea, or Chlamydia

We will invite you back for antibiotic treatment and counsel you on future rescreening.

HIV Positive Result

Connection to Maine Health's Adult Specialty Care or your clinic of choice that offers HIV care.
We will also connect you with Frannie Peabody for case management.

Disease Intervention Specialist

You will likely work with Kimberly Meehan-Brown from the Maine CDC for further support and guidance.

What is a Disease Intervention Specialist?

- Public health professionals who use contact tracing and case investigation to prevent and control sexually transmitted infections
 - **Trained counselors:** help providers inform patients about positive results
 - **Investigators:** help locate patients who have been tested but did not return for results or treatment
 - **Educators:** provide education on STIs, testing, and treatment

Maine State Laws & Reportable Conditions

Maine State Laws

Laws addressing sexual health applicable to DIS work:

- Reporting positive labs
- Age & Minor consent
- Treating partners of positive clients

Notifiable Conditions

Reportable within 48 hours:

Gonorrhea, chlamydia, syphilis, and HIV must be reported by practitioners and laboratorians upon recognition or strong suspicion.

Legal Authority & Public Health Investigations

MRSA Title 22, Chapter 250: Providers must report conditions and cooperate with investigations. This HIPAA exemption authorizes DIS to control infections.

Covered Entities: Providers/labs can disclose PHI to a Public Health Authority (DIS) without prior patient knowledge for disease prevention.

Treatment Calls

1. Provider Outreach

Initial contact with the healthcare provider to coordinate patient care.

2. Patient Verification

Confirming identity and documenting symptoms present at the time of the visit.

3. Comprehensive Assessment & Planning

- Review sexual history and establish a formal treatment plan.
- Offer additional testing/prevention services and provide recommendations.

Final Confirmation

Has the patient been informed that they will receive a follow-up call from the Maine CDC?

DIS / HIV Interview Format

Introduction

- Introduce yourself
- Verify identity
- Confidentiality
- Purpose of visit
- Q & A
- Person's goals

Assessment

- Disease comprehension
- Social history
- Medical history
- Sexual & drug use history

Intervention

- Linkage to care
- Partner & network discussion
- Notification strategy
- Risk reduction

Summary

- Summarize agreements
- Review referrals
- Discuss next steps
- Contact info

Partner Services

Confidential Notification

Helps individuals diagnosed with HIV, Syphilis, Gonorrhea, or Chlamydia inform partners of potential exposure confidentially.

Counseling & Linkage

Provides counseling and assists in linking partners to essential testing and treatment services.

Collaborative Planning

Customized plans are created with individuals to notify partners while maintaining absolute confidentiality at all times.

Program Goal

To reduce transmission risk by ensuring partners are informed and have access to necessary healthcare.

DIS Interventions

Risk Reduction

Educating patients about comprehensive strategies to decrease health risks:

Condom Use

Proper and consistent condom use for effective protection.

Medical Referrals

Providing referrals for PrEP, PEP, and Doxy PEP treatments.

Partner Limitation

Limiting sexual partners to reduce potential exposure.

Comprehensive Testing

Routine and comprehensive testing for overall health.

Harm Reduction

Safe injection practices and other harm reduction strategies.

Partner Services

Ensuring partners are effectively tested and treated.

Any Questions?



Thank You!

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