Haringey Portage Checklist

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General Overlook of Development

Age	Physical (Fine Motor)	Physical (Gross Motor)	Play and Cognition	Communication (Understanding)	Communication (Expressive)	Emotional and Social	Self Help Skills
0-3 months	Brings hands to midline	Raises head when lying on front	Tracks moving objects	Turns eyes to sound or voice	Cries to communicate needs	Smiles with familiar person	Sucks well
	Holds small toys	Moves arms and legs when on back	Plays with hands in mouth	Quiets to familiar voice	Makes sounds like cooing/gurgling	Comforted by contact with familiar person or sound	
3-6 months	Transfers objects from one hand to the other	Able to roll	Enjoys physical play	Turns head to sound or voice	Laughs/blows raspberries	Shows interest in adult faces	Reaches for bottle
	Reaches and grasps toys	Sits with support	Explores toys (e.g., shaking)	Stops crying to sound or voice	Makes/copies babbling sounds	Different cries for different needs	Drinks from baby cup when held by adult
6-9 months	One hand reaching	Bottom shuffles	Puts small objects in containers	Stops and looks when name called	Copies sounds patterns	Smiles at reflection in mirror	Holds own bottle
	Bangs objects together	Sits unsupported	Removes cloth from face	Responds to familiar words or speech songs/games	Uses some meaningful gestures (shake head etc.)	Wary of strangers	Tries to hold cup
9-12 months	Prods with one finger	Crawls	Understands cause and effect	Understand key words (e.g., come here)	Imitates waving	Shows affection to familiar person	Tries to use spoon with adult support
	Placing one object on another	Pulls to stand and cruises using furniture	Explores book independently	Responds to some simple instructions	Uses some gesture to communicate (pointing)	Joint play with adult	Finger feeds
12-15 months	Takes lids of boxes	Takes independent steps	Completes simple puzzle	Understands 10-15 words/signs	Uses 5-10 words/signs (not always clear)	Plays alongside one other child	Can take spoon to mouth maybe messy
	Holding crayons	Kneels unaided	Play shows understanding of objects	Understands and does wave or blow a kiss when told	Reaches/points to what they want using speech sound	Briefly watches other children play	Helps in being dressed
15-18 months	Turns pages of book several at the time	Walks alone	Completes simple shape sorter	Points to correct body part when asked	Chatters to self in play	Initiate interaction – taking object to adult	Able to spoon feed
	Building taller towers showing good release	Crawls backwards downstairs	Building towers	Responds to simple instructions/questions	Uses intonation, pitch and volume	Rolling ball game with adult	Able to drink from ½ cup unaided
18-21 months	Turns single pages of book	Squats in play	Simple pretend play with dolls	Understands 20+ words	Begins to ask questions	Greets familiar adults when reminded	Drinks from cup without spilling
	Using pincer grip	Runs with some sense of direction	Completes 5–6-piece puzzle	Listens to short story	Uses 20+ words/signs	Beginning to take turns in play	Beginning to wash hands
21-24 months	Unscrews lids/turns knobs	Jumps up and down	Matches objects to pictures	Understands most everyday words/signs	Puts two words together	Might share food or toy with adult/child	Takes shoes off
	Squeezes/pulls play dough	Kicks a stationary ball	Longer sequence of pretend play	Responds to instruction with 2 key words	Talks to self in play	Comforts other by patting	Eats using spoon or fork
2- 2½ years	Able to do threading with beads	Jumps feet together	Share books with adult by commenting/pointing etc.	Refers to self by name	Longer sentences	Plays alongside other children	Uses knife with some support

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	Holds crayon with improving tripod grip	Scoots on bike	Uses objects symbolically in play	Understands descriptive and action words	Uses pronouns and plurals	Join in others play briefly	Takes off simple unfastened clothing
2½ -3 years	Uses scissors	Walks on tiptoe	Sort objects	Understands opposites	Retells simple past event	Starts to make friends	Pants up and down when told
	Able to use key to open lock	Walks upstairs using alternate feet	Detailed pretend play	Understands who/what/where questions	Uses 200+ words	Willing to share toys	Washes and dries hands

3- 3 ½ years	Cuts paper with scissors	Throws ball for adult to catch	Matches letters and numbers	Understands 'why' questions	Refers to self by pronoun (word/sign)	Follows routines and has an understanding of boundaries and expectations. Takes turns in adult led activities	Attempting to do up zips and buttons, Velcro straps
	Uses two hands simultaneously e.g. to screw tops on bottles, pull zips, undo buttons	Balancing e.g. on 1 foot for 3 to 4 seconds, kicks a slowly moving ball	Rote counts to 10	Shows understanding of feelings by verbalising (word/sign)	Uses short phrases of 5-6 words (Word/sign)	Engrossed in make believe and role play	Feeding and drinking independently using a range of utensils
		Runs changing direction avoiding obstacles	Recognises some numerals	Can retell a simple past event in order (word/sign)	Uses a range of prepositions (word/sign)	Seeks out others to share experiences and makes attachments to members of group	Awareness of being soiled and needing to use the toilet
			Sorts coloured objects/shapes	Follows three step instructions with words, gestures and symbols	Large vocabulary of words/signs	Shows kindness and awareness of other's feelings	
			Points to named shapes		Able to talk about past/present events (word/sign)	Takes turns in adult led activities	
			Builds a bridge with 3 bricks in imitation and sometimes using a range of construction resources		Gives direction to others e.g.. role playing (word/sign)		
			Draws a head and features				
			Dresses up in pretend play, engrossed in make believe and role play				
			Uses small world play and their imagination to act real life experiences and ideas				
			Orders by size				
			Joins 4 piece interlocking puzzle				
3 ½- 4 years	Copying letters, vertical and horizontal lines and circles with tripod grip	Imitates and creates movement in response to music	Beginning to explore ways to solve problems such as fitting objects into a box	Can follow 2/3 instructions that are linked together using key words.	Holds a conversation with an adult **(Word/sign)**	Beginning to understand needs of self and others	Independently follows self- care routines
	Handles tools, crayons, brushes, glue, cutlery with reasonable control	Pedals a tricycle with skill making turns	Names 4 colours/shapes (word/sign)	Understands 'what do you think will happen next?'	Talks regularly to other children (Word/sign)	Shows sense of humour	Brushes teeth (with supervision)
	Snip, cuts paper/ card in a variety of ways e.g. dotted line, curved line	Travels around, under, over, through balancing on climbing equipment	Touch counts to 5	Awareness of concept of time linked to routines.	Gives full name (word/sign)	Forms special friendship with another child	Removes (easy) clothing (pants, coat when undone)

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		Shows increasing control in catching, throwing and kicking a ball	Can hand you a set number of objects on request e.g. 2 cars	Listens to descriptions of objects/animals and can name correctly (word/sign)	Tells own sex (word/sign)	Often actively seeks sharing and sense of fairness	Independently manages toileting needs e.g. mostly clean and dry during the day
		Runs fast avoiding obstacles	Rote counts to 20		Knows simple songs and rhymes (word/sign)		
			Builds a 6 block construction after a demonstration		Responds to verbal greeting (word/ sign)		
			Can order simple sequence of events and movement in play		Uses *and/but* to link simple sentences (word/sign)		
			Draws head and body with features		Uses some future/past tenses (word/sign)		
			Attempting to draw a variety of named pictures		Mostly intelligible speech/ accurate signs understood by familiar adults		
			Builds stories around small world toys				
4 -5 years	Handles tools/objects, construction materials safely and with good control	Shows increasing accuracy in catching, throwing and kicking a ball	Can build more elaborate constructions using a variety of materials.	Gets 3 different objects at the same time from another room	Uses descriptive words/signs	Works as part of a small group sharing fairly	Dresses and undresses independently and manages personal hygiene
			Matches sets of objects to numbers that represent the number of objects	Able to follow a story without pictures	Uses possessives (mummy's chair) (word/sign)	Positive self-image e.g. Developing confidence, resilience, perseverance and being proud of their achievements.	Selects and uses activities and resources independently
			Uses familiar objects and common shapes to create/recreate patterns and build models	Understands abstract concepts e.g.	Names siblings or pets (word/sign)		
			Identifies own name	Understands time in relation to daily routine	Uses well formed sentences (word/sign)		
			Draws person head, body, limbs	Relates past experiences	Can explain the meaning of some words/signs		
			Makes attempt at reading	Understands negatives e.g. Who does not have a coat on?	Enjoys telling/repeating stories (word/sign)		
			Picks out first sound in a word	Talks about things in the future e.g. events (word/sign)	Can give own name, age, address and birthday (word/ sign)		
			Writes/ copies own name		Classifies (makes sets) i.e. all the animals		
			Sometimes has imaginary friends		Speech is intelligible/ signs are accurate to strangers		

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PHYSICAL – Fine Motor Skills			
1. Reaching, Grasping and Awareness of Hand Eye Co-ordination	**E**	**A**	**G**
Brings hands to mouth			
Reaches for objects in front of them			
Maintains grasp of rattle/shaker			
Pats and bangs objects			
Claps hands together			
Takes objects to mouth			
Explores objects in their hands (changing grasp according to objects size etc.)			
Transfers objects from one hand to the other			
Pushes buttons with one finger			
2. Releasing	**E**	**A**	**G**
Extends objects to adult or over container but not always able to release			
Places one object on another			
Able to build taller towers of blocks			
3. Using Two Hands	**E**	**A**	**G**
Explores objects using two hands			
Builds towers using two hands			
Establishing preference for one hand over the other			
Can pull building blocks/Lego apart			
Takes lids off boxes			
4. Mark Making	**E**	**A**	**G**
Makes marks in different materials (shaving foam, sand, etc.)			
Holds crayon/pencil/paint brush with palmer grasp			
Makes scribbles with crayon or imitates adult's simple motions			
Crayon held in an improving tripod grip			
Copies vertical/horizontal lines made by adult			
Able to hold scissors and use with support			
5. Hand Eye Co-Ordination	**E**	**A**	**G**
Takes rings off rod			
Places rings on rod			
Able to hammer in objects during play			
Able to thread beads on string			

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Turns handles, knobs, etc.			
Pours from one container to another with little spilling			

PHYSICAL – Gross Motor Skills			
1. Head Control	**E**	**A**	**G**
Lifts and momentarily supports head when held or sitting			
Lifts head when lying on front			
When carried balances trunk			
Moves head freely when body supported			
2. On Back & On Tummy	**E**	**A**	**G**
Tolerates lying on back			
Tolerates lying on front			
Moves arms and kicks legs when on back			
Turns head side to side when on tummy			
When on tummy takes some weight on arms			
When on back brings arms to midline			
When on back places feet flat on ground (knees bent)			
3. Sitting and Rolling	**E**	**A**	**G**
When sitting supported reaches out for toys			
Places arms to side to support sitting/saves self from falling with arms			
Able to sit supported by objects or very little contact with adult			
Able to sit unsupported for a few seconds			
Sits unsupported			
Tolerates lying on both sides (will hold position to play with toys)			
Tolerates being rolled by adult			
Rolls to side when on back			
Rolls from tummy to back			

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Rolls from back to tummy			
4. Crawling and Standing	**E**	**A**	**G**
When on front pivots to side to reach object			
When on front pushes backwards with arms			
Moves from front to sitting			
Pulls self forward with arms to reach toy			
Rocks backwards and forwards on arms and legs			
Crawls or bottom shuffles			
Places flat feet on ground when held with maximum support			
Bounces up and down when supported in standing			
Pulls self to stand			
Able to crawl up stairs			
Stands using objects support			
Able to crawl downstairs			
Stands for a few seconds unsupported			
Stands unsupported			
5. Walking and Much More	**E**	**A**	**G**
Walks with both hands held			
Walks holding one hand			
Able to take a few uncertain steps between two close pieces of furniture or adults			
Able to take a few independent steps			
Able to use a sit and ride toy			
Able to walk independently			
Able to walk holding objects in hand			
Jumps both feet together			
Mostly independent in exploring environment (using chairs, small steps, lowing from standing to pick up objects etc.)			
Walks up and down stairs with support			
Walks up and down stairs independently			

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Able to kick a stationary ball			
Able to throw a ball			
Able to run			

PLAY AND COGNITION			
1. Physical Play	**E**	**A**	**G**
Tracks moving objects in front of them			
Explores toys and materials by reaching out and bringing to mouth			
Plays with own hands and feet			
Makes sounds to self/blows raspberries			
Responds to physical games like tickling with anticipation			
Enjoys adult playing peek-a-boo			
2. Understands Cause and Effect	**E**	**A**	**G**
Will kick/shake bell/rattle to produce sound			
Drops toys and looks at them fall			
Shares game of peek-a-boo with adult (participates in the game)			
Enjoys flap/pop up books			
Finds toy under cloth/container			
Enjoys knocking over towers of blocks			
Plays with more complex cause and effect toys			
Increased understanding of purpose of toys/uses toy correctly for purpose			
3.Playing with Toys and Playing with Others	**E**	**A**	**G**
Builds towers with building blocks			
Explores books independently			
Tolerates different textures during sensory play			
Able to take off rings from rod and place back on			
Able to post simple shapes in shape sorter with support			
Able to post simple shapes in shape sorter independently			
Completes simple insert puzzle			
Imitates pretend play offered by adult			
Able to play independently for 15-20 minutes (with adult close by)			
Able to play with Duplo blocks			
Shows capacity to turn take with adult			

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Plays rolling ball game with adult			
Plays alongside other children			
When playing alongside other children might interact/share materials or toys with them			
Able to match pictures and objects			

COMMUNICATION – Understanding & Expressive			
1. Understanding	**E**	**A**	**G**
Will turn to look in direction of sound			
Stops crying to sound or familiar voice			
Responds to familiar words/songs/speech games			
Understands single word or sign (responds with action or by ending action)			
Understands simple instructions			
Understands simple questions			
Understands daily routines (knows what happens when…)			
Understands and responds in simple social interactions (waves bye, blows kisses when person is leaving)			
Listens to short stories			
Understands everyday words/signs			
2. Interaction with Others	**E**	**A**	**G**
Seeks comfort and responds positively to familiar adult			
Seeks to gain attention of adult			
Once familiarised, will show interest in less familiar adult			
Will look at adult doing a stimulating/motivating action with curiosity			
Shows interest in other's activity by going close to them/borrowing the activity from them			
Will sit with adult to explore a book for a few seconds			
Enjoys and responds positively to people games			
Gives objects to adult to share interest			
Follows adult pointing at something in line of vision			
Anticipates action in people game with adult			
Initiates interaction with adult			
3. Making requests – Indicating Wants and Needs	**E**	**A**	**G**
Will repeat action and/or move adults' hand to request for more			
Will request by taking adult to location/object			
Will look at item and then adult to request item or help			
Will bring object to adult or go to location of item to request			
Points/touches item to request			
Indicates with behaviour/vocalisation when they want an activity to end			
Communicates request by using sign or visual aid			

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Communicates request by using sign or visual aid and vocalisation			
Communicates request by using word/phrase			
Increased use of words or signs			
Utilises intonation and pitch			
Babbles or talks to self in play			
Begins to ask questions			
Use of longer sentences			

SELF-HELP SKILLS			
1.Eating and Drinking	**E**	**A**	**G**
Holds own bottle			
Able to hold baby cup with handles			
Able to drink from a straw			
Able to drink ½ full cup from (open cup)			
Able to drink from open cup			
Explores food textures and brings hands to mouth			
Finger feeds			
Tries to use spoon, successful when fully supported by adult			
Uses spoon even if messy when bringing it to the mouth			
Independent in using a spoon, starts to use other utensils			
Eats pureed foods			
Eats variety of foods			
Eats variety of foods			
2. Personal Care	**E**	**A**	**G**
Participates in nappy changes (holds legs)			
Helps with being dressed (will move object from one hand to the other to put arm through sleeve)			
Tolerates thee brushing			
Participates in hand washing			
Takes off loose shoes, socks, hat			

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Can thread arm through when already in sleeve (last motion)			
Pulls up/adjusts trousers			
Pushes foot in shoe when supported by adult			
Able to put jacket when held by adult			
Sits on potty			
Indicates when they need a nappy change			

Notes	Baseline	Review 1	Review 2	Review 3	Review 4	Review 5
Physical (Fine Motor)						
Physical (Gross Motor)						
Play and Cognition						

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Communication						
Self-help Skills						

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