My Community Map for seniors

Warfield

Pilates with Linda | Get Active

Wednesdays, 9.15am



Mat based Pilates class.
Class suitable for beginners and intermediate level.

The Brownlow Memorial Hall, Warfield, RG42 6AB

Call Linda **07989 506 485**

Free trial for first class

Bus route: No bus route to the hall

Brownlow Hall community choir | Get Creative

Tuesdays, 10.30am (term time only)



Everyone who enjoys singing is welcome to join Brownlow community choir.

Newell Green, Warfield, RG42 6AB

Call Emily Blyth **07743 862651** or email: **emily@emilyblythmusic.co.uk**

£5 per session. Email to book.

Bus route: 53

The Parks Women's Institute | Get Connected

Third Thursday of each month, 11am to 12 noon



The WI offers women the chance to learn and build new skills, take part in physically and mentally stimulating activities and campaign on issues important to them and their communities.

Community Hall, Warfield Park, RG42 3RH

Call **0118 933 3448**

£48 per year membership

Bus route: 299

Browse Bracknell Forest Council's public health portal for guidance, advice and support for health and wellness.
Visit: **health.bracknell-forest.gov.uk/activities-events/**

Bracknell Forest Public Health

Bracknell Forest Council

My Community Map for seniors

Warfield

Signal 4 Carers | Get Help

Monday to Friday, 9am to 5pm

We provide free information, guidance, networking and advice to unpaid (non-professional) carers who care for a Bracknell Forest resident.

The Ark Trust CIO, Trax, Mill Ride (off Fernbank Road), Ascot, Berkshire, SL5 8JW

Call **01344 266088** or email: **info@signal4carers.org.uk**



Free

Bus routes: 53, 157, 158, 299

Bracknell Sewing Bees | Get Learning

Tuesdays, 7.45pm to 10.15pm

A friendly craft group where you can learn dressmaking skills, bag making, create soft furnishings and more.

Whitegrove Community Centre, 7 County Lane, Warfield, RG42 3JP

Call Julie **07872 949 334**



£10 per session

Bus routes: 53, 157, 158, 299

Social prescribing service

Patients who wish to access social prescribing support should contact their GP surgery directly, or they can self-refer using the social prescribing email address for their surgery listed below:

Bracknell PCN covering surgeries: Waterfield, Binfield, Easthampstead and Great Hollands.
Email: **bpcsocialprescriber.bandd@nhs.net**

The Health Triangle PCN covering surgeries: Ringmead, Crown Wood, Evergreen
Email: **frimleyicb.healthtriangle.socialprescriber@nhs.net**

Forest Health Group covering surgeries: Mount Lane, Bagshot Road, County Lane
Email: **frimleyicb.spteam.braccanhealthpcn@nhs.net**

Can't find what you are looking for? View the **Community Map** at: **bfcommunitymap.commonplace.is** or scan the QR code. Alternatively, email: **public.health@bracknell-forest.gov.uk**

All information is correct at time of printing.