My Community Map for seniors

Sandhurst

Sandhurst health walks | Get Active

Monday to Friday, 9.15am for 9.30am start

Ramblers wellbeing walks make it easier to start walking and stay active. You'll certainly never be short of good company!

Sandhurst Community Hall, GU47 9BJ

Call Colleen Pidgeon **01344 774754** or email: **colleen.pidgeon@lineone.net**

Free **Bus routes:** 125, 194

Sandhurst camera club | Get Creative

Check website for details of dates and times of meeting.

A friendly club of photographers, using smartphones to professional cameras, who enjoy photographing the local area.

Sandhurst Town Council, Kitty Dancy Room, Yorktown Road, GU47 9BJ

Call Bob Hallsworth **07780 681700**
or email: **tipper@sandhurstcamera.club**
www.sandhurstcamera.club

Annual subscription £45 **Bus routes:** 125, 194

Sandhurst Happiness Hub drop-in | Get Connected

Third Thursday of every month, 10.30am to 12.20pm

Relax with a cup of tea or coffee, make new friends and find out what's going on in your area. Supported by The Autism Team

Sandhurst Library, The Broadway, Sandhurst, GU47 9BL

Email: **mhrn@bracknell-forest.gov.uk**

Free refreshments **Bus routes:** 125, 194

Browse Bracknell Forest Council's public health portal for guidance, advice and support for health and wellness.
Visit: **health.bracknell-forest.gov.uk/activities-events/**

Bracknell Forest Public Health

Bracknell Forest Council

My Community Map for seniors

Sandhurst

Three counties breast cancer self-help group (Sandhurst) | Get Help

Please contact for dates and times.

A self-help group for people with or recovering from breast cancer.

3 Beech Ride, GU47 8PR

Call Jackie Wetherell **01344 774149** or email: **jackiew@btinternet.com**



Free

Bus routes: 125, 194

Brain Gym at Sandhurst Library | Get Learning

First Thursday of the month, 10.30am to 11.30am

Test your language skills, meet like-minded people and enjoy learning a new language.

Sandhurst Library, Yorktown Road, GU47 9BS

Call **01252 870161**



£1

Bus routes: 125, 194

Social prescribing service

Patients who wish to access social prescribing support should contact their GP surgery directly, or they can self-refer using the social prescribing email address for their surgery listed below:

Bracknell PCN covering surgeries: Waterfield, Binfield, Easthampstead and Great Hollands.
Email: **bpcsocialprescriber.bandd@nhs.net**

The Health Triangle PCN covering surgeries: Ringmead, Crown Wood, Evergreen
Email: **frimleyicb.healthtriangle.socialprescriber@nhs.net**

Forest Health Group covering surgeries: Mount Lane, Bagshot Road, County Lane
Email: **frimleyicb.spteam.braccanhealthpcn@nhs.net**

Can't find what you are looking for? View the **Community Map** at: **bfcommunitymap.commonplace.is** or scan the QR code. Alternatively, email: **public.health@bracknell-forest.gov.uk**

All information is correct at time of printing.