

My Community Map for seniors

Bracknell town centre

Over 50s swim session

Get Active



Tuesdays, 2.30pm to 3.30pm

All sessions are pay-as-you-go and can be booked online or via reception.

Bracknell Leisure Centre, Bagshot Road, RG12 9SE

Call Sharon Hatherley **07935 062 787 / 01344 454203**

or email: bracknellwellbeing@everyoneactive.com



£4.05 pay-as-you-go

Bus routes: 4, 171, 172, 194

Knit and natter

Get Creative



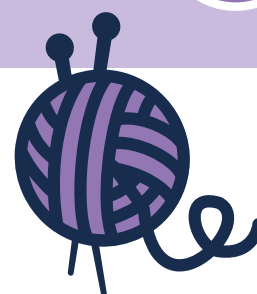
Mondays, 10am to 12 noon

Knit and natter is a great way to find new friends, share tips and enjoy some company.

Bracknell Library, The Avenue, Bracknell, RG12 1AT

Call Bracknell Library **01344 423149**

or email: bracknell.library@bracknell-forest.gov.uk



Free

Bus routes: 4, 171, 172, 194

Kerith Revive Café

Get Connected



Tuesdays, 12.45pm to 3pm

Our friendly and welcoming community café provides space to meet new people or come along with friends. Use our free Wi-Fi, bring a board game or crafting activity and get creative!

K2 Building, Church Road, Bracknell, RG12 1EH

Call **01344 862699** or email: info@kerith.church



Free tea and coffee

Bus routes: 4, 171, 172, 194

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Bracknell and District Citizens Advice

Get Help



Monday to Saturday (see times below)

Get advice or volunteer your own skills. Open Monday, Tuesday, Thursday and Friday 9am to 5pm, Wednesday 9am to 6.30pm and Saturday 9am to 12 noon.

The Columbia Centre, Market Street, Bracknell RG12 1JG

Call **01344 418997** or freephone advice line **0808 278 7914**
(Monday to Friday 9am to 5pm)



Free

Bus routes: 4, 171, 172, 194

Waterstones - non-fiction book club

Get Learning



Every third Wednesday of the month, 6pm to 7pm

Join our lively non-fiction book club. Everyone welcome.

Waterstones, The Lexicon, 46 Braccan Walk, Bracknell, RG12 1HA

Call **01344 488124** or email: bracknell@waterstones.com



Free

Bus routes: 4, 171, 172, 194

Social prescribing service

Monday to Friday, 9am to 5pm

Social prescribing can support you to connect to your community. This non-medical service is designed to put people in touch with services, groups and activities in the local community to help improve wellbeing.

Time Square, Market Street, Bracknell, RG12 1JD

Call **01344 352000** or email: social.prescription@bracknell-forest.gov.uk

Free



Can't find what you are looking for? Request a call back from one of our friendly social prescribers on **01344 325000**. Alternatively view the **Community Map**, visit: bfcommunitymap.commonplace.is or scan the QR code.