

THE LADYWELL ARTS & WELLBEING HUB

A Cultural & Wellness Sanctuary for Lewisham

Design & Restoration

Our Design Approach

The Ladywell Arts and Wellbeing Hub will be an inclusive multi-use space open to the public from morning till night all year round, with membership schemes and discounts to residents.

Hydrotherapy pools ~Two sites for where Liquid Listening's unique Musical Hydrotherapy can be experienced.

The Baths - Public access to hydrotherapy services using our pioneering underwater music systems

The SEN Baths - Access for people with special needs and disabilities, for local specialist schools and residents, offering sensory-regulated aquatic-sonic therapy and filling a huge gap in provision.

Saunas form part of The Baths area with a plunge pool, gardens and an external pool, in partnership with *Community Sauna*.

The Grand Hall ~ The restored splendour of the original swimming pool hall, available for community-led events, fairs, co-produced activity with promoters, to promote work developed at the Centre's facilities and for private hire.

The Well ~ The only site of its kind in the UK. A dive tank for underwater music and underwater performance experiences designed and promoted to draw visitors from outside the borough.

Listening Room ~ A space for immersive listening programmes, hosting live Sound Bath (gongs and bowls) sessions and sessions developed from the Lab research.

The BioSonic Lab ~ A cutting-edge research and development centre working with researchers and students at *Goldsmiths University and Greenwich University* on the intersection of health, sound and technology.

Cafe ~A welcoming, public-facing café and sunny courtyard. A social space, open to everyone without requiring access to or participation in any of the facilities.

Heritage Gallery ~Celebrating the documented heritage of the Playtower and a curatorial programme.

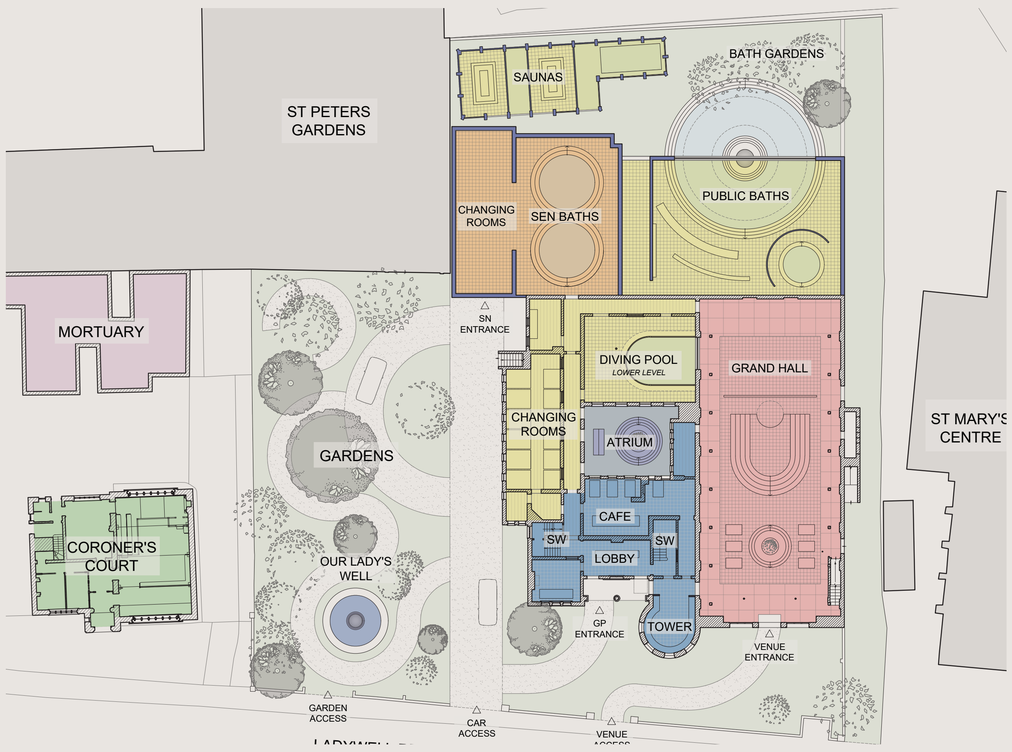
Juice Bar ~At The Baths serving health drinks to guests

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Gardens ~A physic garden surrounding the restored historic Lady Well and a Japanese garden outside the Saunas, available for volunteering programmes and nursery visits.

Training Hub ~Developing new skills and employment for music teachers, aquatic practitioners, and training scuba divers, free divers and horticulture lovers.

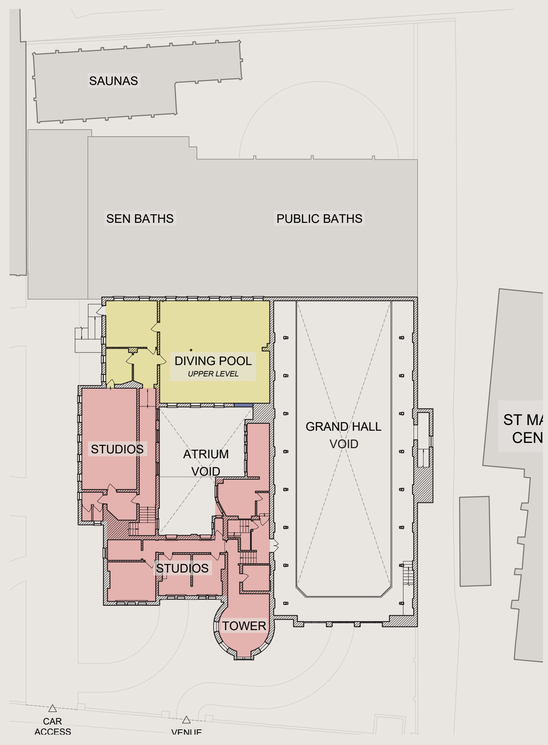
Studio hire. A space for group activities such as Yoga or Pilates and a professional music studio.



Ground Floor Plan



Visualisation



First Floor Plan



Coroner's Court & Mortuary

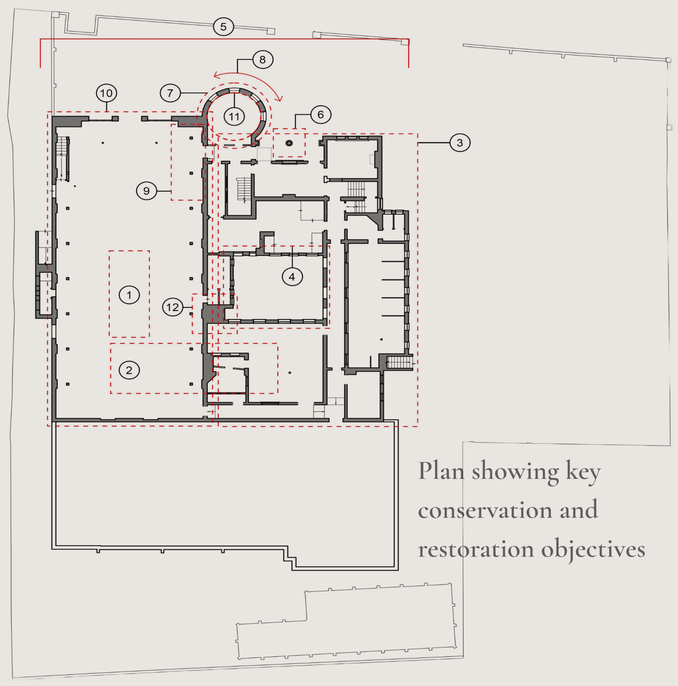
Opened a year into the development, 2028.

Bistro and tea room at the impressive Court Room: Light food for lunch and dinner, offering acoustic music sessions.

Treatment Rooms and offices: offering space to practitioners such as osteopaths and physiotherapists and office space for local theatre and other cultural organisations, such as ***Spare Tyre***, ***The Independent Theatre Council*** and ***UK Feminista.***

Local music hub: A space for music workshops in the Mortuary led by ***Lewisham Music, Fairbeats*** *and* ***Heart n' Soul*** offering music services for young people of all abilities and backgrounds, also available for schools who lack facilities. A professional music studio available for public use.





Plan showing key conservation and restoration objectives



*R*estoration of the Historic Buildings

Our architect firm, Purcell, are known for restoring the Elizabeth Tower, Battersea Power Station, The National Gallery, Canterbury Cathedral and other iconic heritage buildings.

We will carefully repair the Ladywell Playtower, rediscovering and restoring key architectural gems, such as the Tower, the Chimney, the lofty vaulted ceiling and galleries to the Main Hall, and the wonderful brick and stonework of the external elevations. We will respect the historic floorplan, making the best use of existing spaces, and only modifying the layout where essential to achieve the functional requirements of the Ladywell Art and Wellbeing Hub.

The historic Tower Lobby, with its restored conical roof, forms the main civic entrance. Inclusivity is built into the floor plan, with a dedicated wellbeing wing for Special Educational Needs (SEN). Accessibility is a key driver for us, and we will ensure that the most vulnerable members of the community have equal access to the building's revitalised mission.

Community Benefit



*T*he Ladywell Playtower, with its long history and special place in local community memory, is currently "at risk". Action is essential now, in order that its heritage, and the potential for being a community asset, is preserved for the future. The benefits are:

- **A centre for personal preventative treatment and care regimes, nourishing body and mind.** Wellbeing is accessible by design making community engagement with the facilities a normal and regular event, not occasional and premium-only.
- **Regular aquatic provision for SEND families and special schools in Lewisham and beyond,** establishing a continuous public setting for structured water-based practice and sound-related activity, designed to support regulation, participation, social and creative engagement.
- **Providing spaces and opportunities for young people,** especially through arts, culture and skills pathways.
- **Repose and sanctuary.** The Listening Room, a multi-channel sound site for repose and sanctuary as well as two gardens, a sunny courtyard.
- **Adding to the local economy** through providing spaces for **treatment rooms, new businesses, flexible hire space** as well as creating a nationally unique centre attracting visitors from outside the borough, **developing skills and creating jobs.**
- **Restoration and vehicle neutral access.** Adding value to the public realm through the restoration public sp[ace and gardens with no extra vehicles in the already congested road.

LIQUID LISTENING Alan Baxter PURCELL SSAASSAA

